

BOARD OF DIRECTORS

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SERVICES

GIVING THE
GIFT OF INDEPENDENCE
TO SENIORS (62+)

- Transportation
- Shopping & Errands
- Friendly Visits
- Respite Care
- Paperwork Assistance
- Minor Home Repairs
- Yard Work

*All services are provided at no charge
and upon volunteer availability.*

CONTACT INFORMATION

SANTA MARIA VALLEY CHAPTER
111 North Vine Street
Santa Maria, CA 93454
(805) 925-8000

LOMPOC VALLEY CHAPTER
111 South I Street, C1
Lompoc, CA 93436
(805) 737-1976

SANTA YNEZ VALLEY CHAPTER
PO Box 1946
164 West HWY 246
Buellton, CA 93427
(805) 688-1100

web www.partnersincaring.org

email community@partnersincaring.org

If you would like to receive this newsletter via email, please email
us at community@partnersincaring.org

STAFF

Ashley Payne
Executive Director

Colleen Sinclair
Program Director

Rosio Ruiz
Volunteer Coordinator

(RETURN SERVICE REQUESTED)



Community Partners IN CARING

SANTA MARIA | LOMPOC | SANTA YNEZ

111 North Vine Street
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LifeLinks >> A newsletter from Community Partners In Caring



 **2011 VOLUNTEER ANNIVERSARY'S**

11TH YEAR & ABOVE

- Butch Abeloe » 4-14-99
- Rosemary Perry » 5-31-99
- Nela Dydell » 7-02-99
- Matt Lopez » 4-03-00
- Carol Landreth » 5-22-00
- Darrell Freese » 6-16-00
- Alice Worhacz » 11-15-00

10TH YEAR

- Bill Marquez » 6-01-01
- Julia Zomer » 6-20-01
- Bill Thompson » 8-31-01

9TH YEAR

- Phyllis Wicks » 3-16-02
- Bea Merwin » 3-18-02
- Pastor Willie Armstead » 3-21-02
- Dalores Casteel » 3-21-02
- Carolyn Chambliss » 3-21-02
- Judyth Arko » 4-07-02
- Matt Arko » 6-13-02
- Nancy Thompson » 9-28-02

8TH YEAR

- Thomas Pickles » 2-12-03
- Doris Connor » 3-08-03
- James Schneider » 6-13-03
- Dan Lopez » 10-01-03

7TH YEAR

- Brenda Payne » 10-17-04
- Jack's Plumbing & Crew » 12-1-04

6TH YEAR

- Rachel Hill » 2-09-05
- Nancy Collins » 2-25-05
- Colette Evans » 12-20-05

5TH YEAR

- James Small » 3-28-06
- Elaine Lumsdaine » 10-16-06

4TH YEAR

- Elizabeth Maxfield » 1-11-07
- Joan Keefe » 1-26-07
- Cecile Prevost » 1-19-07
- Barbara Raggio » 3-01-07
- Susan Weissberg » 8-30-07
- John Puscheck » 9-17-07
- Elaine Beale » 10-16-07
- Janet McMillin » 12-01-07
- Walter Crump » 12-07-07

3RD YEAR

- Lee Barnby » 1-04-08
- Don Cook » 4-01-08
- Patricia Paullus » 4-17-08
- Linda Warren » 5-02-08
- Kathy Palmer » 6-2-08
- Joanne Aasen » 7-01-08
- Ronald Jenkins » 10-4-08
- Element Church » 9-22-08
- Dr. Lynda Gantt » 10-29-08
- Lois Cook » 11-03-08
- Jon & Elen Vanderhoof » 11-19-08

2ND YEAR

- Ella Craig » 1-12-09
- Joe Padilla » 1-12-09
- Nancy Dort » 1-29-09
- Virginia Sanchez » 3-16-09
- Charlotte Barnard » 4-06-09
- June Yamamoto » 4-10-09
- Karen O'Neil, Esq. » 5-01-09
- Giselle Franco » 5-6-09
- Marge Kunkel » 5-21-09
- Christina Korsak » 5-26-09
- Helen Meine » 6-11-09
- Joseph Cohan » 7-01-09
- Danny Brents » 7-27-09
- Jennifer Morgret » 8-13-09
- John Thayer » 8-21-09
- Lisa Barnby » 9-08-09
- Jean Jacobs » 11-13-09
- Shirlee Bowden » 12-22-09

1ST YEAR

- Renee Belton » 2-19-10
- Dot Slater » 2-19-10
- Melissa Wineman » 2-19-10
- Teresa Rea » 3-15-10
- Dolores Foote » 5-27-10
- Wally Wright » 6-07-10
- John Welbourn » 7-01-10
- Gregg Martin » 10-22-10



Save the date for Annual Volunteer Recognition Luncheon
November 15th at the Radisson in Santa Maria.

ABOUT THE ART DISPLAY IN OUR LOMPOC OFFICE

Kiki Shappell, a retired Aerospace Engineer, moved to Lompoc 20 years ago. She attended Allan Hancock College and enrolled in watercolor and drawing courses. She loves painting and has been an artist for 16 years. Some of the techniques she uses are acrylic, watercolor, mix media, and ink jet on canvas. She joined the Traveling Art Show four years ago. One of her four paintings hanging on our wall is called "Lands End." This painting was from a photograph she took on one of her trips to Europe. She used soft blues and greens. We also

have one called "Pumpkin Cheesecake." This painting was inspired by an Iris she has in her garden and used white and peach tones. We would like to thank Kiki and all the artists from the Traveling Art Show for providing all the beautiful artwork for our office.



"Pumpkin Cheesecake" by Kiki Shappell

VOLUNTEER FOR US! IT'S GOOD FOR YOUR HEALTH!

A report from the Corporation for National and Community Service (CNCS) established a significant connection between the act of volunteering and good health benefits. According to the report, those who volunteer often live longer, have higher functional ability, suffer from lower rates of depression, and are less prone to heart disease. "Volunteering makes the heart grow stronger," said David Eisner, CEO of the CNCS. "More than 61 million Americans volunteer to improve conditions for people in need and to unselfishly give of themselves. While

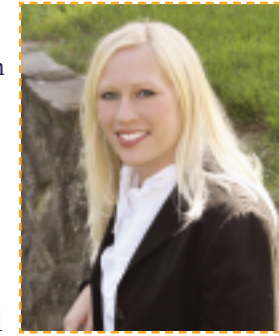
the motivation is altruistic, it is gratifying to learn their efforts are returning considerable health benefits." Volunteers over the age of 70 who committed approximately 100 hours a year showed less of a health decline, along with lower levels of depression and greater longevity.

"God has given us two hands,
one to receive with
and the other to give with."
- Billy Graham



A LETTER FROM THE DIRECTOR:

Hello! Greetings from the offices of Community Partners in Caring. It has been a very busy Fiscal Year for the agency as a whole. We have served over 400 clients. Volunteers provided services to those clients 5,065 times throughout the year. This is just a little above our goal of 434 clients (a 15% increase from last year's total of 378 clients). Thank you to the staff and volunteers that coordinate and provide the services! In addition, this year we raised the most money ever at our Annual Fundraising Gala. Dr. Lynda Gantt, Psychotherapist, was the committee chair. A BIG thanks for all her hard work, and a BIG thank you to all that helped pull-off such an event! We raised \$40,400. Wow! What a testament to the community support CPC has acquired over the years. CPC also received Station of the Year with RSVP (Retired Senior Volunteer Program) and STAR (Senior Transportation Assistance and Resources) Award of Excellence from the Beverly Foundation this year, as well as many other awards from various Foundations across Santa Barbara County and the State of California. I am looking forward to another great year with a Volunteer Recognition Luncheon, Volunteer Training, and seeking new Foundations to support our cause. Thank you ALL for your support, and Happy New Fiscal Year!



- Ashley Payne, Executive Director



A senior moment to remember...

CAFÉ QUACKENBUSH
and
ART BRUT GALLERY

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soup, salads, sandwiches, breakfast,
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DONATE NOW!

PayPal To donate via PayPal, go to www.partnersincaring.org

Yes... I want to help Community Partners in Caring give the gift of independence to a senior in my community.

NAME _____

ADD / CITY / ST / ZIP _____

PH / EMAIL _____

PLEASE CHARGE MY: Visa MasterCard TOTAL \$ _____

CARD # _____ EXP DATE _____ 3-DIGIT CODE _____

NAME ON CARD _____ SIGNATURE _____

MY DONATION IS: In memory of In honor of Name(s): _____

Please contact me about combining financial planning with charitable giving.

Please make check payable to CPC. Return this donation form to Community Partners in Caring via mail to 111 North Vine Street, Santa Maria CA 93454 or fax to (805) 925-8170. Questions? Call (805) 925-8000. Contributions are tax deductible to the amount allowed by law. Tax ID# 77-0477176. All contributions made to CPC from Santa Maria, Lompoc or the Santa Ynez Valley will stay in their respective cities.